

live unlimited



— Terry 31, Living with sickle cell
(with his wife)



Sickle Cell

Routine Disease Management

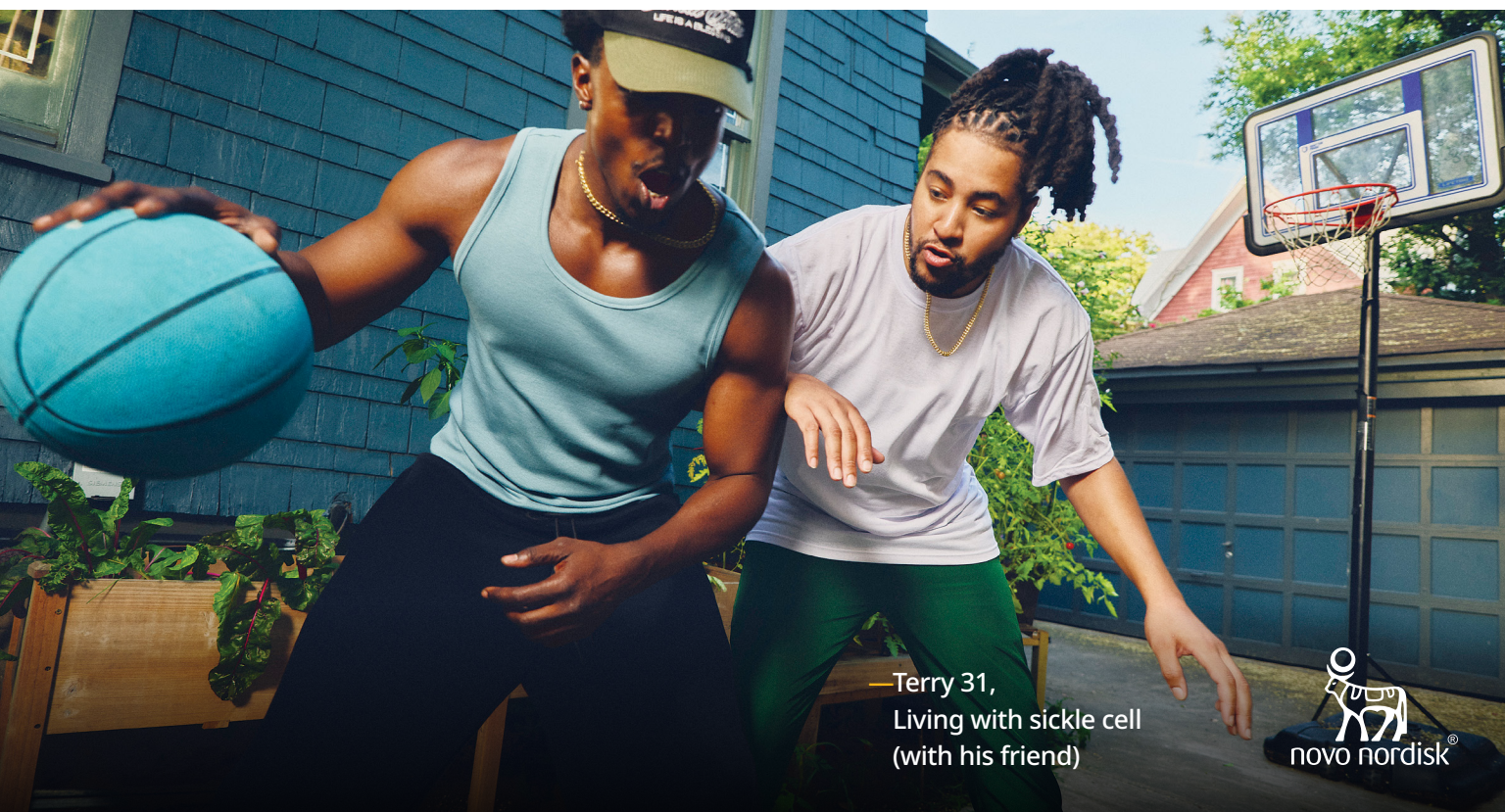
live
unlimited

An overall disease management plan with your healthcare provider is an important step of your Sickle Cell Disease journey.

- Sickle Cell Disease can cause progressive damage to organs such as the brain, heart, lungs, and kidneys—sometimes without obvious symptoms
- Early intervention and regular monitoring can help prevent or delay serious complications
- It is important to prioritize routine care, including screenings, for your Sickle Cell Disease condition
- Research shows that comprehensive care is important for optimized outcomes

Adherence to the treatment plan determined with your healthcare provider can lead to better treatment outcomes

- Consistent and appropriate medication use and supportive care may help reduce the symptoms and burden of sickling red blood cells, including the frequency of pain crises
- Skipping or stopping treatment, when not advised by your healthcare provider, may increase the risk of complications and hospital visits
- Work with your healthcare provider for your personalized needs



—Terry 31,
Living with sickle cell
(with his friend)



Novo Nordisk is here with you.

For over 100 years, Novo Nordisk has been dedicated to healthcare, and for over 35 years, we've been focused on people living with rare diseases and blood disorders.

We want to partner with the SCD community to help build capabilities that improve access to comprehensive care. Among other things, we are supporting recommendations to help raise the global standards of SCD research.

live
unlimited



To learn more, please visit our website
liveunlimited.com or scan the QR code.

No personal information will be collected by scanning.

Stay connected by following us on Instagram
[@liveunlimitedscd](https://www.instagram.com/liveunlimitedscd).

Novo Nordisk Inc.
800 Scudders Mill Road
Plainsboro, New Jersey 08536 U.S.A.

Novo Nordisk is a registered trademark
of Novo Nordisk A/S.
© 2026 Novo Nordisk All rights reserved.
US26SCD00104 April 2026

